

Parcels that stay intact all the way

If the parcel is to arrive in good condition, its content must be adequately packaged so that it is protected against shocks, vibrations and pressure. Think “square” when packing. Use the guide here to make your parcels easier for us to handle and to ensure they stay intact all the way to the recipient.



Guide to good packaging:



- Use a heavy shipping box that is larger than the content.
- Fill up the box with shock-absorbent material such as bubble wrap or polystyrene chips, so that the content stays stable in the box.
- If the parcel contains several parts, pack them separately so that they can not damage each other.
- Place the content at least 6 cm from the sides, top and bottom of the box.
- Close all box openings with strong tape that is at least five centimeters wide.
- Dangerous goods in limited quantities should always be packed in shock-absorbent material and placed in the center of a larger box filled with either bubble wrap or foam chips. If necessary, contact your safety advisor for specific guidance.

Some parcels require that little extra:

Fragile contents, e.g. porcelain, glass, glass bottles and similar fragile objects:



Fill the box with shock-absorbent filling. Then pack the content individually with sufficient layers of shock-absorbent material before placing them in the center of the box. Lastly, fill the box with additional material to ensure that the content is not loose in the box.

Liquids, including wine, beer, oil and similar:



Pack bottles and liquid containers individually in waterproof bags before packing them in a strong shipping box containing shock-absorbent material - preferably with a good room divider. Make sure that the material surrounds the content so that it is not loose in the box.

Technical equipment, including computers, mobile phones and laser equipment:



It is recommended that you use original molded, shock-absorbent packaging. If this is not possible, pack the content individually with sufficient bubble wrap or similar shock-absorbent material.

Hard objects, e.g. keys, magnets, USB flash drives and pens:



Pack the content individually in sufficient layers of bubble wrap. Place it in a bubble wrap envelope or a sturdy shipping box filled with shock-absorbent material.

Long parcels, e.g. posters, fishing rods and skis:



Fasten the content to a hard surface and pack them in a long triangular or square cardboard box filled with polystyrene foam or bubble wrap. The content must not be able to collide with the top and bottom.

Flat, fragile objects, e.g. paintings, photo frames and CDs:



Pack picture frames and CDs in heavy cardboard covers. Fasten paintings to a hard surface. Use strong corner protectors on each corner and fasten yet another hard surface. Lastly, wrap the elements mentioned in sufficient bubble wrap and brown paper.

Pointed/sharp objects, e.g. kitchen knives and tools:



Fasten the object to a hard surface that is larger than the object using heavy tape or strips. Wrap the content in bubble wrap. Then place the wrapped content in a strong shipping box and fill the box with filling material.

Soft parcels, e.g. clothes:



Pack the item in a cardboard box, filled with foam chips or other filling material. Or place the item in a strong, durable plastic bag.

Large containers and buckets



Lids/openings of containers and buckets must be secured with strong tape/strips so that they do not open during sorting. Place the container in a strong transparent plastic bag. It is recommended that the top and bottom is protected with fibreboard and crossed strips.

Check your packaging

- The higher the weight - the stronger the packaging.
- Shake the parcel - if the contents move, add more box filling material.
- Test if necessary by holding the parcel with your arms outstretched and “drop” it on the floor to test if it stays intact.
- Be aware that newspapers, clothes and towels are not sufficiently shock-absorbent.

Need help?

- Read more at www.postnord.dk.
- Contact our customer service on 70 11 12 30.
- Contact your packaging supplier.